



...promoting healthy, safe and fun active commuting in the coulee region.

BIKE TO BOWL

Wednesday, May 7, 2008

6:30 p.m. - 9:00 p.m.

Pla - Mor Lanes

When you ride your bike to Pla-Mor Lanes, you receive:

**2 Games + Shoes
Hot Dog/Pop Combo
Thunder Alley Lights and Music
All for only \$5.00**

Or just participate in any COULEE BIKE TO WORK WEEK event and show your BIKE TO WORK WEEK sticker to receive the deal. Other events include:

SATURDAY, May 3 - Bike Rodeo and more - Myrick Park - 9 to Noon

- Bike tune-ups, safety checks, decorating, parade and more

EVERYDAY - Bike to Worship, School, and Work

WEEKDAYS - Neighborhood rides

- Starting locations and times at www.CouleeBikes.org

FRIDAY, May 9 – Celebrate BIKE TO WORK WEEK

- Cameron Park 5 to 6:30 p.m.
- Music by Grand Picnic, Root beer Floats and Door Prizes

PLA-MOR LANES 807 S 4th ST. LA CROSSE WI 54601

608-784-3043 PLAMORLANESLAX.COM

“YOU”RE GONNA HAVE A BALL”

For more information and sponsors visit:

www.CouleeBikes.org

or contact Alex Powell at 608-397-9700

☺ for a healthy body and a happy earth ☺